
Diversity, Equity and Inclusion Learning Center



SUPPORTING LGBT+ YOUTH

WELCOME

Recent events have caused us to reflect, dialogue and identify more proactive ways to address racism, injustices, diversity, equity, engagement and inclusion.

To assist in these efforts, we encourage you to take advantage of the Learning Center below. While this is not a comprehensive list, we have thoughtfully vetted these resources. Thank you for your willingness to expand your knowledge, particularly about topics that may affect the children we serve. These resources will be updated periodically.

Note: National CASA/GAL recognizes that these topics can make people uncomfortable and stir up strong emotions. Learning and thinking more about race, diversity, equity and inclusion may result in changes to how you see yourself, others, or the world. Approach these changes with humility and a positive attitude, without engaging in self-blame or shame. If you find yourself developing negative thoughts, take a step back and center yourself before re-engaging with the material. See if you can find someone you trust to engage with you with questions. Recognize that others may not have the same understanding of these topics as you do, or may not wish to discuss them. Allow them that space.

The letters LGBTQIA refer to lesbian, gay, bisexual, transgender, queer or questioning, intersex, and asexual or allied. We are using the acronym LGBT+ to identify this community in this resource.

ORGANIZATIONS

It Gets Better Project

The [It Gets Better Project](#) is a nonprofit organization with a mission to uplift, empower, and connect lesbian, gay, bisexual, transgender, and queer youth around the globe.

Human Rights Campaign (Supporting LGBT+ Children and Youth)

Mission: The Human Rights Campaign and the Human Rights Campaign Foundation together serve as America's largest civil rights organization working to achieve [LGBT+ equality](#). By inspiring and engaging individuals and communities, HRC strives to end discrimination against LGBT+ people and realize a world that achieves fundamental fairness and equality for all. [At the Intersection: Race, Sexuality and Gender](#) is a report on a study to better understand what's important to LGBT+ people of color. And [LGBTQ Youth in the Foster Care System](#) gives an overview of this population. Faith-based resources are also [available](#).

Youth.gov

Youth.gov is the U.S. government website that helps you create, maintain, and strengthen effective youth programs. Included are youth facts, funding information, and tools to help you assess community assets, generate maps of local and federal resources, search for evidence-based youth programs, and keep up-to-date on the latest, [youth-related news](#).

Child Welfare League of America

CWLA is a coalition of hundreds of private and public agencies that since 1920 has worked to serve [children](#) and families who are vulnerable. Their expertise, leadership and innovation on policies, programs, and practices help improve the lives of millions of children across the country.

Lambda Legal

Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people ([including teens](#)) and everyone living with HIV through impact litigation, education and public policy work. Through its [Youth in Out-Of-Home Care Project](#) and through advocacy on behalf of youth in schools, Lambda Legal works to ensure that all LGBTQ young people can be safe, respected and free from discrimination and harassment. [Publications and Resources](#) are available as well.

WEBINARS

PFLAG Online Academy

PFLAG Academy Online brings free, monthly, PFLAG members-only learning [sessions](#) right to your computer screen. Benefit from PFLAG's diverse learning options, informed staff, great guests, and input from other participants...all without leaving home. All you need is a computer (or mobile device) and the drive to move equality forward.

RESOURCES

Gay, Lesbian, and Bisexual Teens: Facts for Teens and Their Parents

If you've ever wondered if you're gay, lesbian, or bisexual, you're not alone. Many teens ask themselves this question, and here are ways to find some answers. For parents and caregivers, finding out your son or daughter is gay, lesbian, or bisexual can present challenges. Learn more about how to be [supportive](#).

Centers for Disease Control and Prevention

On this [page](#), find resources from the CDC, other government agencies, and community organizations for LGBT+ Youth, their friends, educators, parents, and family members to support positive environments.

Gay, Lesbian, Straight Education Network (GLSEN)

[GLSEN](#) works to ensure that LGBT+ students are able to learn and grow in a school environment free from bullying and harassment.

Q Chat Space

Q Chat Space provides online [discussion groups](#) for LGBT+ teens ages 13 to 19. It is not a forum. It is live and chat based; there is no video or audio. Conversations are facilitated by experienced staff who work at LGBT+ centers around the country. Q Chat Space facilitators are NOT mental health professionals.

PODCASTS

Time out Youth

Time Out Youth Center presents Out with It, a genre-fluid podcast for LGBT+ youth, the LGBT+ community, and their allies. [Every episode](#), Center staff sit down with LGBT+ youth and hear their stories, their wisdom, and their perspective on the topics relevant to them.

Making Gay History

Since 2016, [Making Gay History](#)* has been bringing the largely hidden history of the LGBT+ civil rights movement to life through the voices of the people who lived it. During the unfolding pandemic, we're revisiting people from our episode archive who inspire us and give us hope. Find these latest episodes below or by subscribing here.

*Making Gay History operates under the non-profit umbrella of GLSEN, an organization that believes that every student has the right to a safe, supportive, and LGBTQ-inclusive K-12 education.

LGBTQ&A

[LGBTQ&A](#) is an interview podcast that documents the stories of the LGBTQ community — all races, genders, sexualities, and everyone in between.

BOOKS

The Tradition

Beauty abounds in Jericho Brown's Pulitzer Prize-winning poetry collection, despite and inside of the evil that pollutes the everyday. A National Book Award finalist, [The Tradition](#) questions why and how we've become accustomed to terror.

The Stonewall Reader

June 28, 2019 marked the fiftieth anniversary of the Stonewall uprising, which is considered the most significant event in the gay liberation movement, and the catalyst for the modern fight for LGBTQ rights in the United States. Drawing from the New York Public Library's archives, [The Stonewall Reader](#) is a collection of first accounts, diaries, periodic literature, and articles from LGBTQ magazines and newspapers that documented both the years leading up to and the years following the riots.

Gender Outlaw: On Men, Women, and the Rest of Us

"I know I'm not a man . . . and I've come to the conclusion that I'm probably not a woman, either. . . . The trouble is, we're living in a world that insists we be one or the other." With these words, Kate Bornstein ushers readers on a funny, fearless, and wonderfully scenic journey across the terrains of gender and identity. On one level, [Gender Outlaw](#) details Bornstein's transformation from heterosexual male to lesbian woman, from a one-time IBM salesperson to a playwright and performance artist. But this particular coming-of-age story is also a provocative investigation into our notions of male and female.

Barnes & Noble Pride Month Selections

Celebrate Pride Month (June) by checking out some of these [books](#).