



**As a contracted agency with the Connecticut Department of Children and Families, FCA Specialized Foster Care adheres to the following DCF-mandated policy in serving therapeutic-level foster children.**

### **Therapeutic Foster Care Program**

Program Standards	The Therapeutic Foster Care program standards shall be consistent with those recommended by the National Foster Family-Based Treatment Association.
Definitions	<p>Therapeutic Foster Care (TFC)</p> <ul style="list-style-type: none"> <li>• is a family-based treatment option for children with social/emotional/psychological issues</li> <li>• is intended to be a "bridge" to a permanent placement</li> <li>• is not appropriate for every child and is therefore not an "emergency" program.</li> </ul>
Levels of Treatment	<p>Children may receive services at either of these Three levels:</p> <ul style="list-style-type: none"> <li>• basic therapeutic level</li> <li>• intensive therapeutic level.</li> <li>• Family &amp; Community Ties Level</li> </ul>
Children Served at the Therapeutic Level	<p>The Therapeutic level serves children from three (3) to eighteen (18) years of age who are DCF involved and referred and who have some combination of the following conditions:</p> <ul style="list-style-type: none"> <li>• mental, behavioral and/or emotional disorders</li> <li>• symptoms including aggression, anxiety, withdrawal, mood swings, poor self-concept, dishonesty, non-compliance, inappropriate sexual behaviors</li> <li>• deprivation, neglect, abuse</li> <li>• effects of trauma</li> <li>• effects of multiple placements</li> <li>• needing a high level of services/support/interventions to maintain and teach them to live in a family and the community</li> </ul>

	<ul style="list-style-type: none"> <li>• needing medication for emotional/behavioral stability</li> <li>• history of sexual offending and/or fire setting (taken on a case-by-case basis)</li> <li>• may come from a psychiatric hospital.</li> </ul> <p>This group will include some siblings.</p>
<p>Children Served at the Medically Complex/Intensive Therapeutic Level</p>	<p>The Medically Complex /Intensive therapeutic level serves children who are birth through eighteen (18) years of age who are DCF involved and referred and who have some combination of the following conditions:</p> <ul style="list-style-type: none"> <li>• A diagnosable, enduring, life-threatening condition,</li> <li>• A medical condition that has resulted in substantial physical impairments,</li> <li>• Medically caused impediments to the performance of daily, age-appropriate activities at home school or community, or</li> <li>• A need for medically prescribed services as identified on DCF-2101, "Certification of Child's Complex Medical Needs".</li> </ul>