

In-Service Resources



September 2022

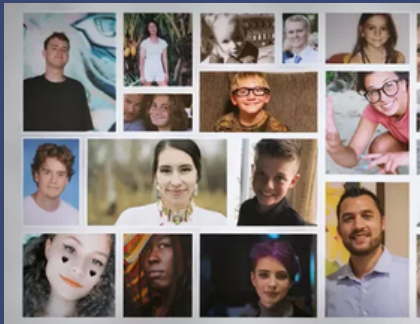
www.ctchildadvocates.org

PBS Film Hiding in Plain Sight: Youth Mental Illness

CLICK HERE

A documentary about the mental health crisis among youth in America. Streaming on PBS.

HIDING IN PLAIN SIGHT: YOUTH MENTAL ILLNESS features first-person accounts from more than 20 young people, ranging in age from 11 to 27, who live with mental health conditions, as well as parents, teachers, friends, healthcare providers in their lives, and independent mental health experts.



Related: [Youth Mental Health Resources](#)
In support of Hiding in Plain Sight: Youth Mental Illness, WETA Washington, D.C., the flagship public media station in the nation's capital, launched Well Beings Youth Mental Health Project, a major public media multi-platform project to address mental health conditions.

Human Trafficking Webinar Series from the U.S. Department of Education

Human Trafficking Webinar Series:
The Impact of Bias, Inequities, and Injustices in
Supporting Students Impacted by Human
Trafficking

[CLICK HERE](#)

6/29/2022

The values, beliefs, and stereotypes we all have affect how we perceive our world and the people in it. Unfortunately for all of us, sometimes these can become biases.

This webinar shared how bias affects the identification and support of students involved in human trafficking; provide suggestions on how we can lessen the impact of bias, inequities, and injustices in this work; and offer some examples of techniques, practices, and policies that help ensure a more equitable approach to supporting students impacted by human trafficking.

Human Trafficking Webinar Series:
Preventing and Intervening in the Labor
Trafficking of Students

[CLICK HERE](#)

8/17/2022

Child labor trafficking doesn't just happen in other countries, it also takes place here in the United States. Students who are forced to work long hours, often before they can complete schoolwork, or in dangerous jobs are less equipped to achieve in school given the trauma of their forced labor.

This webinar will explore what labor trafficking looks like in the United States and talk to subject matter experts, individuals with lived experience, and practitioners about how you can support students who are involved in labor trafficking.



Tow Youth Justice Institute Issue Brief: REGIONS: Re-Entry, Goal Oriented, Individualized Opportunity to Nurture Success A stronger path for youth rehabilitation

[**CLICK HERE**](#)

This Issue Brief discusses the range of residential programs that include the Re-Entry, Goal-oriented, Individualized Opportunity to Nurture Success (REGIONS), that have been developed by the Court Support Services Division of the Judicial Branch.

The REGIONS treatment model incorporates Dialectical Behavior Therapy (DBT) and aligns with Risk Reduction and the Risk-Need-Responsivity principles and the Positive Youth Development approach. There are multiple REGIONS facilities focusing on specific groups in the juvenile process. These include secure, staff secure, and limited secure facilities.



Blue Campaign: Resources for Youth, Exploitation and How to Protect Yourself

[**CLICK HERE**](#)

This website has resources where teens can learn what exploitation looks like and how it starts, and learn to say no and protect themselves and others.

General exploitation is treating a person unfairly to benefit from their work. Exploitation can involve the use of threats, manipulation, or force to get someone to do something they do not want to do for the benefit of another person. It can take many forms; it could look like an employer forcing an employee to work for little or no pay or it could look like a romantic partner threatening harm if their partner doesn't perform sex acts for money, drugs, or a place to stay.



This Teen Was Prescribed 10 Psychiatric Drugs. She's Not Alone.

[CLICK HERE](#)



NY Times article 8/27/22

Increasingly, anxious and depressed teens are using multiple, powerful psychiatric drugs, many of them untested in adolescents or for use in tandem.

Psychiatrists and other clinicians emphasize that psychiatric drugs, properly prescribed, can be vital in stabilizing adolescents and saving the lives of suicidal teens. But, these experts caution, such medications are too readily doled out, often as an easy alternative to therapy that families cannot afford or find, or aren't interested in.

These drugs, generally intended for short-term use, are sometimes prescribed for years, even though they can have severe side effects — including psychotic episodes, suicidal behavior, weight gain and interference with reproductive development, according to a recent study published in *Frontiers in Psychiatry*.

Naugatuck Extreme Abuse Case Sounds Alarm on Need to Report Suspected Abuse

[CLICK HERE](#)



NBC News Connecticut 8/23/22

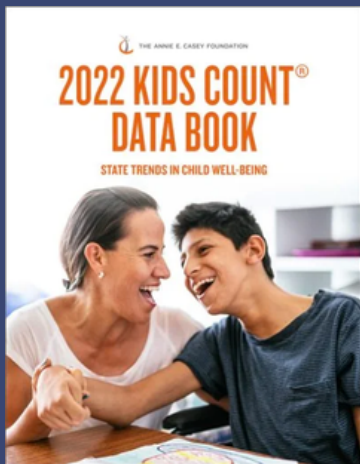
A Naugatuck dad was arrested this month after new child abuse allegations surfaced, stemming from an original 2020 case being investigated by the Naugatuck Police Department.

Kevin Grant is accused of locking his children in a closet for punishment. An affidavit details numerous other instances that resemble a nightmare. Local agencies that work to protect kids say cases like this sound an alarm on the crucial need for everyone to keep an eye out for child abuse.

2022 KIDS COUNT Data Book from the Annie E. Casey Foundation

The 33rd edition of the Annie E. Casey Foundation's KIDS COUNT® Data Book describes how children in America are in the midst of a mental health crisis, struggling with anxiety and depression at unprecedented levels.

[CLICK HERE](#)



This year's publication continues to present national and state data across four domains — economic well-being, education, health and family and community — and ranks states in overall child well-being. The report includes pre-pandemic figures as well as more recent statistics, and shares the latest information of its kind available.

Link to the Connecticut 2022 KIDS COUNT® DATA PROFILE:
<https://assets.aecf.org/m/databook/2022KCDB-profile-CT.pdf>

Podcast: The Daily Inside the Adolescent Mental Health Crisis

August 30, 2022 - New York Times podcast

Young people in the United States are facing a new set of risks. Why has the situation caught so many people off guard?

In decades past, the public health risks teenagers in the United States faced were different. They were externalized risks that were happening in the physical world. Now, a new set of risks has emerged.

In 2019, 13 percent of adolescents reported having a major depressive episode, a 60 percent increase from 2007. And suicide rates, which had been stable from 2000 to 2007 among this group, leaped nearly 60 percent by 2018.

This podcast explores why this mental health crisis has become so widespread, and why many people have been unprepared to handle it.

[CLICK HERE](#)

**The
Daily**

NY Times article: How Poverty Programs Aided Children From One Generation to the Next

[CLICK HERE](#)

Child poverty has plunged over the last generation, and few places have experienced larger declines than West Virginia, a state that once epitomized childhood deprivation. Poverty among the state's children fell nearly three-quarters from 1993 to 2019, according to a comprehensive analysis by Child Trends, a nonpartisan research group, conducted in partnership with The New York Times. That compares to a 59 percent drop nationwide.

The statistical progress is impressive, but children escape poverty one complicated family story at a time. A visit to Huntington, a rusting Appalachian river town where tales of hardscrabble childhoods abound, shows how an expanded safety net offers children protection their parents often lacked and profoundly affects families' economic and emotional lives.



A day on the frontlines of CT's kids mental health crisis: 'The needs have changed'

CT Insider article 9/12/22

[CLICK HERE](#)

Like much of the country, Connecticut faces what advocates call a children's mental health crisis, exacerbated by the disruptions of the COVID-19 pandemic the past two and a half years. Those who work in children's mental health describe an untenable status quo in which more and more kids, like Arianna, face serious behavioral challenges, requiring treatment that often isn't available in a system that's stretched far too thin.



Special Education Clinic from Disability Rights Connecticut starting September 2022

[CLICK HERE](#)

Disability Rights Connecticut (DRCT) is pleased to announce that it will launch its new Special Education Clinic (starting date of September 6, 2022).

The clinic will be open to students and families of students with special education needs and provide an opportunity for callers to talk with advocates, law students, and attorneys. In a one-hour virtual meeting, clinic attendees will receive counsel and advice and short-term service related to their child's special education needs. DRCT will offer daytime and evening hours and free of charge. Request appointment at: Ed.Clinic@DisRightsCR.org, or 860.310.1993

[Click on link to view fliers in English and Spanish](#)

**DISABILITY RIGHTS
CONNECTICUT**
Justice. Community. Inclusion.

Report Finds Housing Assistance Plays a Growing Part in Reducing Child Poverty

[CLICK HERE](#)

A new report from Child Trends, "Lessons From a Historic Decline in Child Poverty," finds that child poverty rates decreased from one in four children in 1993 to one in 10 children in 2019.



Factors associated with this decline include changes in the labor market, like increased state minimum wages and decreased unemployment; changes in demographic factors, like fewer teen births; and changes to government safety net programs.

Housing assistance, in particular, has played a growing part in reducing child poverty. In 1993, housing assistance kept 290,000 children out of poverty compared to 790,000 children in 2019.

Webinar Recording: Finding Your Voice as a Parent: Bringing Advocacy to the Table

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Lawrence Berliner, Connecticut
Special Education Law Attorney

Jane Faherty, Stamford JCC
JumpStart
Director and Special Education
Advocate

Allie Grafman, Special Education
Advocate at ABC Advocacy LLC

Marla Wayne, Special Education
Advocate

Zoom link recording (September
22nd): <https://bit.ly/3C51iDh>

Recording also available on
YouTube:
[https://www.youtube.com/watch?
v=c3LKE-2ALLc](https://www.youtube.com/watch?v=c3LKE-2ALLc)

List of Speakers' contact info and
resources mentioned during the
webinar also available when you
click on link